CHURFIRSTEN TRAIL RUN 2027

Race Regulations

Event date: 28 August 2027

Kids Run: Friday, 27 August 2027

Venue: Unterwasser, Toggenburg

Start and finish: Unterwasser Tennis Hall (Tennishalle Unterwasser)

Organiser: Churfirsten Trail Run

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1. General principles

These Race Regulations apply to all participants in the Churfirsten Trail Run.

The Churfirsten Trail Run is a race held in alpine terrain. Sudden drops in temperature, snowfall, thunderstorms, fog and strong winds can occur in the mountains at any time. All participants must take these conditions into account.

For the CT43 in particular, participants are expected to have experience in mountainous terrain, be in good physical condition and carry functional equipment appropriate for the weather conditions.

Fair play, consideration for others and respect for nature are central to the event.

By registering, participants accept these Race Regulations and the instructions issued by the organiser and race management.

2. Eligibility

Runners of all nationalities may participate, provided they meet the age requirements for their chosen race.

Minors must have the consent of their legal guardian.

All participants are expected to be sufficiently fit and in good health to complete their chosen course independently and within the specified time limits.

Participation is at each participant's own responsibility.

The organiser reserves the right to exclude individuals from participation if they are deemed unsuitable to participate, have insufficient equipment or for safety reasons.

3. Event date and venue

The Churfirsten Trail Run takes place on Saturday, 28 August 2027, in Unterwasser in the Toggenburg region.

The start and finish area is located at the Unterwasser Tennis Hall (Tennishalle Unterwasser).

The Kids Run takes place on Friday, 27 August 2027. The Kids Run will now also be held in Unterwasser, with the start and finish area at the tennis hall.

The organiser reserves the right to make any necessary organisational adjustments. Changes will be announced in good time via the official communication channels.

4. Services provided by the organiser

The organiser of the Churfirsten Trail Run provides the following services:

- **Course marking:** Marking of the Kids Run, CT5, CT14, CT25 and CT43 courses. If course markings are lost or removed due to external factors such as weather, animals or people, participants are expected to be able to navigate the terrain independently. Course routes are published on the official website and GPX files are made available for this purpose.
- **Safety and medical support:** Provision of medical personnel at selected checkpoints and coordination of medical support.
- **Organisation and administration:** Operation of the website, online registration and timing services.
- **Runner management:** Organisation of race bibs, bib collection and race timing.
- **Sponsorship:** Securing and managing sponsors to support the event.
- **Prizes:** Organisation of finisher awards and special prizes.
- **Photography:** Provision of event photographs as a keepsake for participants.
- **Supporting programme:** Organisation of accompanying activities and food and beverage services for runners and guests.
- **Aid stations:** Provision of aid stations along the courses. Details of the supplies available will be published in a separate aid station guide on the official website. Additional aid stations may be set up at any time.
- **Bag drop:** Provision of a storage area for personal belongings in the start and finish area. The bag drop is unattended. To the extent permitted by law, the organiser accepts no liability for theft or damage. Valuables may be deposited separately at the bib collection desk and will be returned upon presentation of the race bib.

5. Races, courses and start times

No racing licence is required to participate in the Churfirsten Trail Run.

The event comprises four different trail running courses as well as the Kids Run. The courses feature different profiles and levels of difficulty and are designed to provide an enjoyable and safe running experience.

5.1 Course overview

Race	Distance	Elevation gain
CT5	5.2 km	188 m
CT14	13.2 km	582 m
CT25	24.2 km	1,172 m
CT43	43.3 km	2,910 m
Kids Run	400–1,400 m	Depending on the category

The exact course routes will be published on the official website.

The organiser reserves the right to make last-minute changes to the courses for organisational reasons or due to weather and safety conditions.

5.2 Minimum age

The following minimum ages apply to the individual races, in line with the existing age classification:

- CT5: 10 years and over
- CT14: 12 years and over
- CT25: 16 years and over
- CT43: 18 years and over

The eligible years of birth for the 2027 event will be finalised and published by the organiser before registration opens.

5.3 Start times

Race	Start location	Start time
CT43	Tennishalle Unterwasser	08:15
CT25	Tennishalle Unterwasser	09:00
CT14	Tennishalle Unterwasser	10:00
CT5	Tennishalle Unterwasser	10:30
Kids Run	Tennishalle Unterwasser	From 18:00

Start times are provisional and may be adjusted due to organisational requirements or unforeseen events.

In the event of a change, participants will be informed as early as possible. Participants are advised to check the official Churfirsten Trail Run website and communication channels regularly.

5.4 Time limits and cut-off times

The following time limits apply to the individual races:

Race	Checkpoint	Cut-off time
CT14	Finish	13:30
CT25	Finish	14:00
CT43	Thurtalerstofel (km 21)	13:00
CT43	Finish	19:00

Participants who exceed the specified time limits will not be included in the regular race rankings.

Special provision for the CT43 – rerouting onto the CT25 course:

CT43 participants who reach the course junction at Thurtalerstofel (km 21) after 13:00 will be identified with an orange sticker and rerouted onto the CT25 course.

These participants will receive a CT25 medal at the finish and will be ranked separately.

The instructions of the course marshals must be followed.

6. Registration and entry fees

Registration takes place online via the official Churfirsten Trail Run website or the registration platform linked from it.

Once registration is complete, the entry fee becomes payable. Registrations are personal and may not be transferred without the organiser's consent.

Current entry fees are listed on the registration page.

On-site registration is possible, subject to organisational feasibility, for an additional fee of CHF 5.

The organiser reserves the right to close registration once the maximum number of participants has been reached.

6.1 Entry limits

The CT14 and CT25 are each limited to 400 participants. Entries are allocated in the order in which registrations are received and confirmed. Once the entry limit for a race has been reached, registration for that race will close. There is no entitlement to a race entry.

6.2 Registration cancellation

As a general rule, entry fees are not refunded in the event of cancellation or failure to start the race.

Participants are advised to take out entry cancellation insurance when registering. The insurance costs 10% of the entry fee and is the responsibility of the participant.

A refund is only possible if the relevant cancellation insurance has been taken out and a medical certificate can also be provided.

Participants may switch to a different race distance or category on site, provided entries are still available for the chosen race and the maximum number of participants has not been reached. Entry fees already paid are non-refundable. When switching to a race with a higher entry fee, the difference must be paid on site. Switching to a race with a lower entry fee does not entitle the participant to a refund.

Deferral of a race entry to the following year is only possible if cancellation insurance has been taken out and an appropriate medical certificate is provided.

7. Courses and age categories

Results are classified by gender and age category.

7.1 Race distances

The following races are offered:

- CT5
- CT14
- CT25
- CT43

7.2 Kids Run

The Kids Run takes place on Friday, 27 August 2027, in Unterwasser.

Distances range from 400 to 1,400 metres, depending on the age category.

The following categories are planned:

Boys	Year of birth	Girls
Mini	Born after 2023	Mini
Rookie 1	2021–2022	Rookie 1
Rookie 2	2019–2020	Rookie 2
Teenie 1	2017–2018	Teenie 1
Teenie 2	2014–2016	Teenie 2

Minor adjustments may be made to the categories before the event in August 2027.

7.3 Adult race categories

Men	Year of birth	Women
Junior Men	2008–2013	Junior Women
M20	1998–2007	W20
M30	1988–1997	W30
M40	1978–1987	W40
M50	1968–1977	W50
M60+	1967 or earlier	W60+

Minor adjustments may be made to the categories before the event in August 2027.

8. Race bib collection

Race bibs must be collected in person.

Participants must present valid identification (passport, identity card or driving licence).

The timing chip is integrated into the race bib.

The race bib must be worn on the front of the body, clearly visible over clothing, throughout the race.

The race bib grants participants access to the relevant event areas. It also serves as proof of entitlement to collect any valuables deposited with the organiser.

CT5, CT14 and CT25 participants under the age of 16 may only collect their race bib if accompanied by a parent or legal guardian. Without such accompaniment, the race bib will not be issued.

If a participant withdraws from the race, their race bib will be invalidated.

8.1 Bib collection times for 2027

Friday, 27 August 2027 – including bib collection for the Kids Run

17:00–20:00

Tennishalle Unterwasser, Hauptstrasse 14, 9657 Unterwasser

Saturday, 28 August 2027

06:00–09:30

Tennishalle Unterwasser, Hauptstrasse 14, 9657 Unterwasser

9. Safety and health

The CT43 is a highly demanding race. In particular, the ascent of the Churfirsten mountains places considerable physical and mental demands on runners.

Environmental hazards such as sun exposure, cold, wet conditions, thunderstorms, fog and storms may further increase the risk and are beyond the organiser's control.

Participants are expected to be well prepared, have sufficient experience in alpine terrain and carry equipment appropriate for the conditions.

The organiser, race management, course marshals and medical team have the right to withdraw participants from the race at their discretion for safety reasons.

Anyone experiencing difficulties must report to the next checkpoint, ask other runners for assistance or call the emergency number printed on their race bib.

All participants must assist anyone in an emergency and alert the rescue services if necessary.

Each participant is responsible for ensuring that they are medically fit to take part.

Several first aid stations and rescue personnel are positioned along the course.

The medical team and race doctors are authorised to temporarily or permanently withdraw participants from the race if continuing would put their health at risk.

In the event of an emergency or a medically ordered withdrawal from the race, the costs of medical treatment and evacuation by the event medical team or civilian rescue services may be charged to the participant concerned.

10. Equipment and aid stations

Aid stations along the courses provide water and snacks.

Participants must be able to meet their own food and hydration needs between aid stations.

The organiser therefore specifies a mandatory equipment list for each race. Depending on the race and its requirements, this also includes a minimum amount of food and drink that participants must carry.

The current mandatory equipment list is published on the relevant race page at www.churfirstentrailrun.ch.

The organiser reserves the right to amend the mandatory equipment requirements at short notice due to weather conditions. Any such changes will be made no later than Thursday evening before the event weekend.

Mandatory equipment checks may be carried out at bib collection or during the race.

Participants must carry all mandatory equipment. Missing items may result in being refused permission to start or in disqualification.

The detailed aid station guide will be published on the website in good time.

11. Race timing and results

All participants are entitled to have their race time recorded in accordance with the timing system used.

Race timing is recorded using a disposable timing chip integrated into the race bib. The chip does not need to be returned after the race.

Electronic split times are recorded at various checkpoints during the race. The locations of these timing points are shown on the respective course maps.

A participant's race time starts when they cross the start timing mat.

Results will be published on the official event website after the race.

To the extent permitted by law, faulty or inaccurate timing shall not give rise to any further claims against the organiser.

11.1 Prizes and rankings

All participants will receive a finisher award, provided they complete their chosen course in accordance with the Race Regulations.

The top three male and female finishers in each race receive a special prize.

In the CT14, CT25 and CT43, the top three finishers in each age category also receive an award.

Age category awards are presented in the following categories:

- Junior Men / Junior Women
- M20 / W20
- M30 / W30
- M40 / W40
- M50 / W50
- M60+ / W60+

In the Kids Run, the top three boys and girls in each age category receive a special prize.

Details of the awards ceremony will be announced by the organiser.

12. Race rules and fair play

All participants must follow the instructions of the organiser, race management and event volunteers.

Fair play is an essential part of the Churfirsten Trail Run.

Mutual assistance among participants is explicitly encouraged and expected. Cheating, unsporting conduct and deliberately obstructing other participants will not be tolerated.

Participants must complete the entire course in the designated direction.

Taking shortcuts or leaving the marked course without authorisation is prohibited.

Some sections of the courses cross alpine pastures. Participants must properly close any barriers between pastures, particularly livestock fence wires and gates, after opening them.

Failure to comply with this rule may result in disqualification.

13. Environmental protection

The Churfirsten Trail Run places great importance on protecting nature and the unique landscape of the Toggenburg region.

Participants undertake to respect the environment, wildlife and agricultural land.

Waste may only be disposed of at aid stations or in designated waste bins.

Discarding wrappers, cups or any other litter along the course is prohibited.

Participants undertake not to leave marked paths unnecessarily and to minimise their impact on the natural environment.

14. Disqualification and penalties

In the event of a breach of the Race Regulations, race management may issue warnings or disqualify participants.

Disqualification may result, in particular, from any of the following:

- Taking shortcuts or leaving the marked course without authorisation.
- Failure to follow instructions issued by the organiser or course marshals.
- Failure to carry or wear all required mandatory equipment.
- Failure to comply with time limits and cut-off times.
- Unauthorised transfer of a race bib.
- Unsporting conduct or deliberately obstructing other participants.
- Failure to provide assistance in an evident emergency.
- Failure to close livestock gates and barriers on alpine pastures.
- Failure to comply with safety instructions.

Decisions regarding warnings, penalties and disqualifications rest with race management.

15. Disclaimer of liability

Participation in the Churfirsten Trail Run is at each participant's own risk and responsibility.

To the extent permitted by law, the organiser accepts no liability for accidents, injuries, illness, theft or other personal injury or property damage.

Participants are responsible for realistically assessing their physical capabilities and preparing for the race accordingly.

To the extent permitted by law, the organiser accepts no liability for personal belongings or valuables.

16. Insurance

Insurance is the responsibility of each participant.

Every participant must have valid accident insurance that also covers rescue and recovery operations (particularly helicopter rescue) and medical treatment costs.

Participants take part in the race at their own risk.

Any claims for damages against the organiser are excluded to the extent permitted by law.

17. Changes and cancellation

To safeguard all participants at all times, the organiser reserves the right to modify the Churfirsten Trail Run courses in the event of adverse weather conditions or other exceptional circumstances.

Such measures may include, in particular:

- Shortening individual courses.
- Changing the course routes.
- Adjusting start times.
- Suspending the race.
- Postponing or cancelling the event.

All decisions will be made in the interests of participant safety and with due regard to current conditions.

As a general rule, no entry fees will be refunded if the event is cancelled.

In the event of force majeure, such as natural events, orders issued by public authorities or a pandemic, resulting in the cancellation of the event or restrictions on its staging, participants shall have no claims against the organiser for performance of contractual obligations or damages, to the extent permitted by law.

18. Data protection and image rights

The organiser processes personal data collected during registration for the organisation and staging of the Churfirsten Trail Run.

This includes, in particular, registration management, communication with participants, race bib collection, timing, race results and event organisation.

Personal data will only be processed and disclosed to third parties in accordance with applicable data protection legislation, insofar as this is necessary for the staging of the event or an appropriate legal basis or consent exists.

Photographs and video recordings may be taken during and in connection with the event.

These photographs and recordings may be used and published for event reporting and public relations purposes in connection with the Churfirsten Trail Run.

The publication of names, years of birth and places of residence in race results, as well as the use of photographic and video material, shall be subject to applicable data protection legislation and the rights of the individuals concerned.

Any consent required for additional marketing purposes or for the disclosure of data to sponsors and partners will be obtained separately.

Questions concerning data protection or the use of personal data may be addressed to:

info@churfirstentrailrun.ch

19. Final provisions

By registering, participants accept these Race Regulations in full.

The instructions of the organiser, race management, course marshals and safety personnel must be followed at all times.

The organiser reserves the right to amend these Race Regulations as necessary. Changes will be announced via the official communication channels.

Any uncertainties or disputes relating to the race will be decided by race management, unless mandatory provisions of law provide otherwise.

These Race Regulations enter into force upon publication for the Churfirsten Trail Run 2027.

We wish all participants a successful, fair and unforgettable Churfirsten Trail Run 2027!

Churfirsten Trail Run Organising Committee

Unterwasser, November 2026